

Your procedure will be performed by Doctor: \_\_\_\_\_

Address: **214 Ave P, Brooklyn, NY 11204**

Date of procedure: \_\_\_\_\_ Arrive at : \_\_\_\_\_ AM/PM

Comments: \_\_\_\_\_

## SUPREP<sup>®</sup> BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)  
Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces



### On the day *before* your procedure...

#### What You **CAN** do:

- You may have a light breakfast or have clear liquids **ONLY**; please have nothing for dinner

#### What You **CANNOT** do:

- **DO NOT** drink milk
- **DO NOT** eat or drink anything colored red or purple
- **DO NOT** drink alcoholic beverages

#### Any of the following liquids are OK to drink:

- Water
- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry
- Limeade or lemonade
- Coffee or tea (**DO NOT** use any dairy or non-dairy creamer)
- Chicken broth
- Gelatin desserts without added fruit or topping (**NO RED OR PURPLE**)

#### Note:

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for colonoscopy in adults
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUPREP Bowel Prep Kit
- The most common adverse reactions after administration of SUPREP Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache
- If you have any questions about taking SUPREP Bowel Prep Kit

Call our office at **718-336-3900**

SUPREP Bowel Prep Kit is a split-dose (2-day) regimen. Both 6-ounce bottles are required for a complete prep.

**FIRST DOSE:** Begin Step 1 at \_\_\_\_\_ PM the evening before your procedure and proceed as shown below:

You must complete Steps 1 through 4 using one (1) 6-ounce bottle before going to bed:

#### STEP 1



Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into the mixing container.

#### STEP 2



Add cool drinking water to the 16-ounce line on the container and mix.

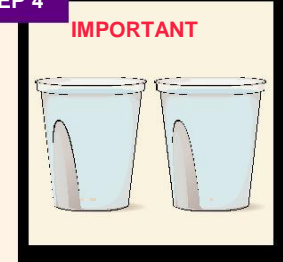
**NOTE:** Dilute the solution concentrate as directed prior to use.

#### STEP 3



Drink **ALL** the liquid in the container.

#### STEP 4



You **must** drink two (2) more 16-ounce containers of water over the next 1(one) hour.

**SECOND DOSE:** Begin Step 1 at \_\_\_\_\_ AM the morning of your procedure and proceed as shown above:

For this dose, repeat Steps 1 through 4 shown above using the other 6-ounce bottle.

**NOTE:** You **must** finish drinking the final glass of water at least 4 hours before your colonoscopy.

### Gastroenterology Associates of Brooklyn, PLLC

Gastroenterology, Advanced Endoscopy, Pancreatic and Liver Disease  
902 Quentin Road, 6<sup>th</sup> Floor, Suite 602  
Brooklyn, NY 11223  
P: 718-336-3900 F: 718-336-3990  
Nygidocs.com