



214 Ave P
 Brooklyn, New York 11204
 718-339-5678

Procedure date: _____

Arrival time: _____

Dr. _____

The day before the procedure: _____ NO SOLID FOOD after: _____ AM/PM

You will be on a **clear liquid diet** for breakfast, lunch, and dinner the day before the procedure. Clear liquids include: water, coffee or tea without milk, clear soups, strained broth, apple juice, soft drinks and jello (NOT RED OR ORANGE JELLO). **Drink a lot of clear liquids!**

The Moviprep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

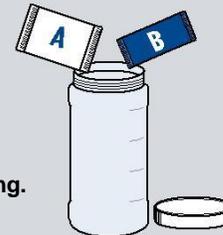
Beginning at: _____

Call at 718-336-3900 for any questions.

Step 1

Mix first dose

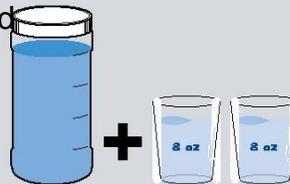
- Empty 1 Pouch A and 1 Pouch B into the disposable container
 - Add lukewarm drinking water to the top line of the container. Mix to dissolve
- If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



Step 2

drink first dose

- The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep



Ask your cardiologist if you can stop taking blood thinners

- If you take: *Plavix, Pletal, Pradaxa, Effient, Aggrenox* → STOP 7 DAYS BEFORE EXAM
Coumadin, Warfarin → STOP 3 DAYS BEFORE EXAM
Iron pills → STOP TAKING 7 DAYS BEFORE EXAM
Aspirin → YOU CAN CONTINUE

Beginning at: _____

Step 3

Mix second dose

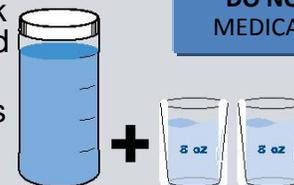
- Empty 1 Pouch A and 1 Pouch B into the disposable container
 - Add lukewarm drinking water to the top line of the container. Mix to dissolve
- If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



Step 4

drink second dose

- The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed
- Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration.



If you have **Diabetes**:
 IF YOU TAKE INSULIN, TAKE HALF THE INSULIN DOSE.
***DO NOT TAKE ANY ORAL MEDICATIONS FOR DIABETES.**

The day of the procedure _____ STOP ALL LIQUIDS at: _____ AM/PM