

Upper Endoscopy Procedure Preparation

Dear Mr. /Ms. /Mrs.: _____

You are scheduled for an upper endoscopy procedure on Date: ____/____/____ Time: _____ AM/PM

Location:

214 Ave P
Brooklyn, New York 11204
718-339-5678

The day before the procedure: _____ **NO SOLID FOOD** after: _____ AM/PM

On the day of the procedure: _____ **STOP ALL LIQUIDS** at: _____ AM/PM

MEDICATIONS

Take **all** usual medications. If you normally take heart, blood pressure, or chronic pain medications in the morning, please take these as usual with a sip of water on the morning of your procedure.

- DO NOT TAKE ANY ANTACIDS OR CARAFATE BEFORE PROCEDURE
- PLEASE DO NOT WEAR LIPSTICK OR DANGLING EARRINGS
- ALTHOUGH IT IS PREFERRED THAT YOU STOP TAKING "BLOOD THINNERS" AS OUTLINED BELOW,

YOU MUST ASK YOUR DOCTOR IF YOU CAN STOP TAKING MEDICATIONS TO PREPARE FOR THE EXAM.
THE FOLLOWING ARE GENERAL GUIDELINES:

If you take: **Plavix, Pletal, Pradaxa, Effient, Aggrenox** => STOP 7 DAYS BEFORE EXAM

If you take: **Coumadin, Warfarin** => STOP 3 DAYS BEFORE EXAM

If you take: **Fragmin, Lovenox** => STOP 24 HOURS BEFORE EXAM

If you take: **Aspirin** => YOU CAN CONTINUE

After the exam, someone must bring you home. You cannot drive or operate machinery after the exam.
Call the office if there are any questions at 718-336-3900.

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT YOU MUST NOTIFY OUR OFFICE AT LEAST 24 HOURS (ONE DAY) IN ADVANCE!

Upper endoscopy allows for examination of the lining of the upper part of the gastrointestinal (GI) tract, which includes the esophagus, stomach and duodenum (first portion of the small intestine). In upper endoscopy, the physician uses a thin, flexible tube called an endoscope. The endoscope has a lens and light source, which projects images on a video monitor. Upper endoscopy helps the doctor evaluate symptoms of persistent upper abdominal pain, nausea, vomiting, or difficulty swallowing. It is the best test for finding the cause of bleeding from the upper GI tract and is also more accurate than X-rays for detecting inflammation, ulcers, and tumors of the esophagus, stomach, and duodenum. Like other invasive procedures in medicine, there is a small but real risk to upper endoscopy which includes bleeding, infection and perforation which may require surgery. This is not a perfect exam and may even miss pathology such as polyps and cancer. By signing the form, you are acknowledging that you are aware of this. Please feel free to ask any questions at 718-336-3900.

Signature: _____ Date: _____

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