



GASTROENTEROLOGY ASSOCIATES OF BROOKLYN

For any questions regarding your preparation or procedure:

T: 718-336-3900 // F: 718-336-3990

PLEASE BE SURE TO PICK UP YOUR PREPARATION FROM YOUR PHARMACY ATLEAST THREE DAYS BEFORE YOUR PROCEDURE!

You are scheduled for a colonoscopy on date: ____/____/____, Time: _____ AM/PM

The day before your procedure on _____, you will start your preparation.



5 Mg



238 Mg Bottle



GATORADE

LEMON/LIME FLAVOR ONLY

TWO, 32 OZ BOTTLES

Dose 1: On _____, at **6 PM**, take 2 Dulcolax pills.

Dose 2: On _____, at **6 PM – 7 PM**, drink half of the MiraLax mixed with the first Gatorade.

Dose 3: On _____, at **9 PM – 10 PM**, drink half of the MiraLax mixed with the second Gatorade.

The preparation must be completed as instructed. If your colon is not fully clean there is a possibility that the procedure may need to be repeated. It is important to remain hydrated while preparing for your procedure.

Be sure to continue to drink clear liquids while taking your preparation. Hydration is important.

THE DAY OF THE PROCEDURE _____ **STOP ALL CLEAR LIQUIDS AT** _____ AM.

ASSISTED BY: _____ M.A.